

UNIVERSITY OF PÉCS

Doctoral School of Biology

**The effects of non-adenosine nucleosides and uric acid
on absence epileptic activity in WAG/Rij rats**

PhD Thesis

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1. ABBREVIATIONS

A₁R, A_{2A}R, A_{2B}R, A₃R, A₄R: adenosine receptor subtypes

COX: cyclooxygenase

EEG: electroencephalography, electroencephalogram

GABA_AR: gamma-aminobutyric acid type A receptor

i.p.: intraperitoneal

MK-801: (+)-5-methyl-10,11-dihydro-5H-dibenzo(a,d)cyclohepten-5,10-imine maleate

SCH 58261: 7-(2-phenylethyl)-5-amino-2-(2-furyl)-pyrazolo[4,3-e]-1,2,4-triazolo(1,5-c)pyrimidine

SWD: spike-wave discharge

WAG/Rij: Wistar Albino Glaxo/Rijswijk

2. INTRODUCTION

The drugs currently available for the treatment of epilepsy are not sufficiently effective in all cases. As a result, the seizures of approximately one-third of the patients can not be alleviated, or the epileptic activity can attenuate with only insufficient effectiveness, also in the case of patients with absence epilepsy (Löscher et al.; 2011; Crunelli et al., 2020; Katyayan and Diaz-Medina, 2021; Rinaldi et al., 2021). Furthermore, some antiepileptic drugs can also cause serious side effects (Avoli et al., 2005; Howard et al., 2011; Perucca and Gilliam, 2012). Although the absence epileptic seizures may decrease or even disappear with age in the majority of patients, more severe forms of seizures may also develop in others (Callenbah et al., 2009). The above-mentioned facts show that the development of additional antiepileptic treatment options and drugs, as well as more thorough understanding of the pathomechanism of epilepsy disease would be essential.

Not only adenosine, but also non-adenosine nucleoside inosine, guanosine, and uridine has a modulatory role, for example, in regulating the processes of sleep and epilepsy (Kimura et al., 2001a; Porkka-Heiskanen et al., 2002; Vinadé et al., 2003; Boison, 2008; Beamer et al., 2021; Nascimento et al., 2021). Different nucleoside derivatives, nucleoside metabolic inhibitors and nucleoside uptake inhibitors are being used in the researches in connection with drug development for the treatment of various diseases related to the central nervous system (Merighi et al., 2003; Nascimento et al., 2021; Guo and Li, 2022). The effect of agonists and antagonists of different adenosine receptor subtypes (A_1R , $A_{2A}R$, $A_{2B}R$ and A_3R) on epileptic activity is thoroughly investigated. Non-adenosine nucleosides and their analogues can enhance endogenous antiepileptic mechanisms, which is also a promising anticonvulsant therapeutic method in case of drug resistant epilepsies: for example, they can influence the shift in the balance of stimulation and inhibition (hyperexcitation or hypoinhibition) in the central nervous system (Tomé et al., 2010; Kovács et al., 2014), they can modify not only neuronal, but also astrocyte dysfunctions (Tomé et al., 2010; Héja, 2014), furthermore, they probably do not or to a lesser extent cause an intensification of the mechanisms that reduce the effectiveness of the treatment (e.g. increased expression and function of multidrug resistance-associated proteins) (Löscher et al., 2011). In earlier studies, inosine (Skolnick et al., 1979; Lewin and Bleck, 1983, 1985; Ganzella et al., 2011), guanosine (Schmidt et al., 2000, 2007; Vinadé et al., 2003), and uridine (Connolly and Duley, 1999; Zhao et al., 2006, 2008; Al-Otaibi et al., 2021) reduced epileptic activity effectively in different epilepsy models. In addition, all of these non-adenosine nucleosides have been shown to be well-tolerated agents with low toxicity (Kimura et al.,

2001a, 2001b; Kovács and Dobolyi, 2013; Wang et al., 2018; Al-Otaibi et al., 2021). However, there are only limited and insufficient research data related to the effects and the potential mechanisms of action of non-adenosine nucleosides on absence epileptic activity. Purine nucleoside metabolite uric acid also has a role in different physiological and pathophysiological processes. Modulation of uric acid level is a strategy that has been successfully used in the treatment of several diseases (Togha et al., 2007; Kutzing and Firestein, 2008), but only limited amount of information is available about its effect on epileptic seizure activity. For example, elevated uric acid level is able to induce seizures (Thyrion et al., 2016) while reduced uric acid level shows anticonvulsant/antiepileptic effects (Togha et al., 2007). In addition, the effect of uric acid on absence epileptic activity is unknown.

Earlier investigations revealed that application of non-adenosine nucleosides and modulation of uric acid level in different seizure models are effective and safe methods that is why we assumed that they may also have beneficial effects on absence epileptic seizure activity.

3. AIMS OF THE THESIS

The objectives in the three experimental groups were the followings:

We investigated whether:

- the intraperitoneally (i.p.) administered inosine, guanosine, and uridine have modulatory effects on absence epileptic activity in Wistar Albino Glaxo/Rijswijk (WAG/Rij) rats (**1st experimental group**).
- higher dose of guanosine attenuates more effectively the absence epileptic seizure activity in WAG/Rij rats than lower doses we used in the first experimental group, and whether this effect is modified by A_{2A}Rs (**2nd experimental group**).
- uric acid and allopurinol can modulate absence epileptic activity in WAG/Rij rats (**3rd experimental group**).

4. MATERIALS AND METHODS

During our experiments divided into three groups, we implanted EEG electrodes in WAG/Rij male rats (age: 9-10 months; n=230; body weight: 270-360 grams), which rat strain

is one of the well-known and valid animal models of absence epilepsy (Coenen and Van Luijtelaar, 2003). During the treatments and surgeries, we acted in accordance with the relevant international and national regulations and our project permits (project numbers: 00332/0004/2011, VA/ÉBNTF02/85-8/2016). Rats were implanted with stainless steel screw electrodes for electroencephalographic (EEG) recording, which electrodes were placed into the bone above different cortical areas, e.g. above primary motor cortex and somatosensory cortex. Electroencephalogram were recorded from freely moving animals, by an EEG device (NIHON-COHDEN, Tokyo, Japan) or a differential preamplifier (SUPERTECH Bioamp 4, Hungary) attached to an A/D converter (CED 1401 mkII data capture and analysis device, Cambridge Electronic Design Ltd., Cambridge, UK; the sampling rate: 500 Hz; the bandwidth of the EEG recording: 0.3 Hz to 150 Hz). Electroencephalogram were split into 60 min sections and these were evaluated separately. Spike-wave discharges - which are a series of asymmetric spikes and waves, with a sharp starting and ending "spike", their average amplitude is at least twice the basic EEG activity, and their frequency is 7-11 Hz - were separated from the EEG manually with Spike2 software, and checked by Fast Fourier Transform (FFT). For statistical analysis, two-way repeated measure analysis of variance (ANOVA) tests, subsequently, Bonferroni's post hoc tests were performed. We examined the effects of different doses of i.p. administered agents (alone or in combination) with EEG mainly on the number and duration of SWDs between 30 and 270 minutes of post-injection.

In the first experimental group, we investigated the effects of administration of the following drugs alone on absence epileptic activity (SWDs) in WAG/Rij rats: inosine (i.p. 500 and 1000 mg/kg), guanosine (i.p. 20 and 50 mg/kg), uridine (i.p. 500 and 1000 mg/kg), gamma-aminobutyric acid type A receptor (GABA_AR) agonist muscimol (i.p. 1 and 3 mg/kg), GABA_AR antagonist bicuculline (i.p. 2 and 4 mg/kg), non-selective adenosine receptor antagonist theophylline (i.p. 5 and 10 mg/kg) and non-competitive N-methyl-D-aspartate (NMDA) receptor antagonist (+)-5-methyl-10,11-dihydro-5H-dibenzo(a,d)cyclohepten-5,10-imine maleate (MK-801; i.p. 0.0625 and 0.1250 mg/kg). Furthermore, we examined the effect of combined use of inosine, guanosine, and uridine with muscimol, bicuculline, theophylline, and MK-801 on absence epileptic seizure activity.

In the second experimental group, we investigated the effect of guanosine (i.p. 50 mg/kg and 100 mg/kg) alone on SWDs. In the following, we used theophylline (i.p. 5 mg/kg) alone and in combination with different doses of guanosine (i.p. 50 mg/kg and 100 mg/kg). We also examined the effects of the selective A_{2A}R antagonist 7-(2-phenylethyl)-5-amino-2-(2-

furyl)-pyrazolo[4,3-e]-1,2,4-triazolo(1,5-c)pyrimidine (SCH 58261; i.p. 1 mg/kg), and the cyclooxygenase-1 and 2 (COX-1 and COX-2) inhibitor indomethacin (i.p. 10 mg/kg) alone and in combination with guanosine (i.p. 50 mg/kg and 100 mg/kg) on SWDs.

In the third experimental group, we investigated the effects of uric acid (i.p. 100 mg/kg and 200 mg/kg), xanthine oxidase inhibitor allopurinol (i.p. 50 mg/kg and 100 mg/kg), indomethacin (i.p. 10 mg/kg) and inosine (i.p. 500 mg/kg) alone on SWDs. Furthermore, we examined the effects of combined application of allopurinol (i.p. 50 mg/kg) with uric acid (i.p. 100 mg/kg), allopurinol (i.p. 50 mg/kg) with inosine (i.p. 500 mg/kg), indomethacin (i.p. 10 mg/kg) with uric acid (i.p. 100 mg/kg), as well as inosine (i.p. 500 mg/kg) with uric acid (i.p. 100 mg/kg) on seizure activity.

5. RESULTS

In the first experimental group we showed that i.p. application of uridine (500 and 1000 mg/kg) and guanosine (20 and 50 mg/kg) significantly and dose-dependently reduced, while inosine (500 and 1000 mg/kg) increased the number and total duration of SWDs. Muscimol administered alone (i.p. 1 mg/kg and 3 mg/kg) significantly increased, while bicuculline (2 mg/kg and 4 mg/kg), and theophylline (5 mg/kg and 10 mg/kg) significantly decreased SWD number. Administration of two doses of MK-801 (i.p. 0.0625 mg/kg and 0.1250 mg/kg) alone reduced SWD number dose-dependently and significantly. Combined use of nucleosides (inosine, guanosine, uridine) with other agents (muscimol, bicuculline, theophylline, MK-801) resulted in a significant increase (muscimol + inosine, bicuculline + inosine, theophylline + inosine, muscimol + uridine) or decrease (guanosine + MK-801, theophylline + guanosine, theophylline + uridine, bicuculline + uridine) in SWD number compared to the control SWD numbers. However, combined application of muscimol with inosine increased the number of SWDs compared to the effect of inosine applied alone. Similarly, we experienced an increase in the number of SWDs after the combined use of muscimol and uridine compared to the effect of uridine alone.

In the second experimental group we showed that higher dose of guanosine (i.p. 100 mg/kg) increased SWD number, in contrast to the effects of the lower doses of guanosine. Theophylline (i.p. 5 mg/kg), indomethacin (i.p. 10 mg/kg), and SCH 58261 (i.p. 1 mg/kg) administered alone, significantly reduced SWD number compared to control values. The

combined use of different drugs significantly reduced SWD number (i.p. 5 mg/kg theophylline + 50 mg/kg guanosine: compared to control values; i.p. 5 mg/kg theophylline + 100 mg/kg guanosine: compared to the effect of guanosine administered alone; i.p. 1 mg/kg SCH 58261 + 100 mg/kg guanosine, and i.p. 10 mg/kg indomethacin + 100 mg/kg guanosine: compared to control values and the effect of guanosine administered alone).

In the third experimental group we verified that i.p. administered uric acid (100 mg/kg and 200 mg/kg), as well as allopurinol (50 mg/kg and 100 mg/kg) alone significantly and dose-dependently increased SWD number. Combined use of allopurinol (i.p. 50 mg/kg) and uric acid (i.p. 100 mg/kg) significantly increased SWD number compared to control values and the effect of allopurinol alone. Combined administration of allopurinol (i.p. 50 mg/kg) and inosine (i.p. 500 mg/kg) significantly increased SWD number compared to control values and the effect of allopurinol and inosine alone too. Combined use of indomethacin (i.p. 10 mg/kg) and uric acid (i.p. 100 mg/kg) significantly reduced SWD number compared to the effect of uric acid alone. However, administration of inosine with uric acid caused an increase in the number of SWDs compared to the control values and to the effect of inosine and uric acid alone.

6. DISCUSSION AND CONCLUSIONS

Based on the literature data and the results of i.p. administration of drugs (alone and in combination) we can assume that the effects on SWD number and duration (i) may occur mainly through the stimulation of A_{2A}Rs and/or GABA_ARs in the case of inosine (Skolnick et al., 1979; Haskó et al., 2004), furthermore, (ii) in the case of guanosine – after the administration of lower doses of guanosine – these effects may occur possibly via its own guanosine receptors (Johansson and Fredholm, 1995; Traversa et al., 2003; Di Iorio et al., 2004; Volpini et al., 2011) and/or A₁Rs (Ciruela et al., 2006; Kovács et al., 2017; Brunner et al., 2021a), whereas in the case of higher doses of guanosine, the modulation of SWD number and duration may develop due to the stimulation of A_{2A}Rs (Cunha, 2005; Ciruela et al., 2006; Cunha et al., 2008; Ferre et al., 2008), (iii) and regarding uridine, it can exert its effects through its own uridine receptors (Guarneri et al., 1985; Kimura et al., 2001a, 2001b; Kovács et al., 2013) as well as A₁Rs (Brunner et al., 2021b). However, uric acid may exert its SWD number increasing effect via interleukin-1 receptor (IL-1R)/COX-2/prostaglandin E₂ (PGE₂) system (Kovács et al., 2006; Van Luijckelaar et al., 2012; Russo et al., 2013, 2014; Citraro et al., 2015), as well as through A_{2A}Rs (Dixon and Thurlow, 1924; Barber and Siegel, 1982; Tan et al., 1993).

Our results also suggest that among the investigated non-adenosine nucleosides, uridine could be a promising (additional) option in the treatment of absence epilepsy. Regarding the effect of guanosine on SWDs, further studies are needed to determine whether this non-adenosine nucleoside can at least theoretically be used to treat absence epilepsy. Our experiments also show that the shift of purine nucleoside metabolism, which results in elevated guanosine and/or inosine, adenosine, as well as uric acid level, may increase absence epileptic activity. Furthermore, the therapeutic use of allopurinol in patients with absence epilepsy can also theoretically aggravate absence epileptic activity. However, we received our results from experiments, which were carried out on an animal model of absence epilepsy – WAG/Rij rats –, therefore the application (translatability) of the conclusions derived from these results are currently doubtful in connection with human absence epilepsy disease.

7. OUTLOOK

Regarding the above-mentioned results and conclusions, it would be important (i) to investigate and strengthen our results in connection with the modulation of the levels of non-adenosine nucleosides and their effects on SWDs on other animal models, (ii) to confirm the assumed changes in the nucleoside levels in the brain occurred as a result of our treatments, (iii) to clarify the exact mechanisms of action of nucleosides and their metabolites, as well as (iv) to investigate in further experiments whether they can be used as antiepileptic drugs. Thus, for example, it would be important to reveal the mechanisms of action by local application of non-adenosine nucleosides, adenosine receptor and GABA_AR inhibitors, and by investigation of changes in the induced signal transduction mechanisms.

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9. LIST OF PUBLICATIONS

Scientometric data:

- MTMT ID: 10071510
- Number of scientific journal articles published in peer-reviewed journals: 6
- Total impact factor: 18.614
- Number of citations: 74 (independent: 47)

Publications related to the thesis topic

1. Kovács, Z.; Kékesi, K.A.; Dobolyi, Á.; **Lakatos, R.**; Juhász, G. Absence epileptic activity changing effects of non-adenosine nucleoside inosine, guanosine and uridine in Wistar Albino Glaxo Rijswijk rats. *Neuroscience*, 2015, 300, 593–608. doi: 10.1016/j.neuroscience.2015.05.054. (**Q2, IF 3.231**; independent citations: 17)
2. **Lakatos, R.K.**, Dobolyi, Á., Todorov, M.I., Kékesi, K.A., Juhász, G., Aleksza, M., Kovács, Z. Guanosine may increase absence epileptic activity by means of A2A adenosine receptors in Wistar Albino Glaxo Rijswijk rats. *Brain Res. Bull.*, 2016, 124, 172-181. doi: 10.1016/j.brainresbull.2016.05.001 (**Q2, IF 3.033**; independent citations: 6)
3. **Lakatos, R.K.**; Dobolyi, Á.; Kovács, Z. Uric acid and allopurinol aggravate absence epileptic activity in Wistar Albino Glaxo Rijswijk rats. *Brain Res.*, 2018, 1686, 1-9. doi: 10.1016/j.brainres.2018.02.012. (**Q1; IF 2.929**; independent citations: 4)

Further publications related to the thesis topic

1. Kovács, Z.; Kékesi, K.A.; Juhász, G.; Barna, J.; Héja, L.; **Lakatos, R.**; Dobolyi, Á. Non-adenosine Nucleoside Inosine, Guanosine and Uridine as Promising Antiepileptic Drugs: a Summary of Current Literature. *Mini-Rev. Med. Chem.*, 2014, 14(13), 1033-1042. doi: 10.2174/1389557514666141107120226. (**Q2, IF: 2.841**; independent citations: 17)
2. Kovács, Z.; Kardos, J.; Kékesi, K.A.; Juhász, G.; **Lakatos, R.**; Héja, L. Effects of Nucleosides on Glia - Neuron Interactions Open up New Vistas in the Development of More Effective Antiepileptic Drugs. *Curr, Med, Chem.*, 2015, 22(12), 1500-1514. doi: 10.2174/0929867322666150212153210. (**Q2, IF: 3.455**; independent citations: 1)
3. Kovács, Z.; **Lakatos, R.K.**; Barna, J.; Dobolyi, Á. Absence epileptic activity in Wistar Albino Glaxo Rijswijk rat mothers. *Brain Res.*, 2017, 1657, 368-376. doi: 10.1016/j.brainres.2017.01.005 (**Q1, IF 3.125**; independent citations: 2)

Conferences related to the thesis topic

Poster presentations

1. **Renáta Krisztina Lakatos**, Árpád Dobolyi, Katalin A. Kékesi, Magdolna Aleksza, Zsolt Kovács: Guanosine may increase absence epileptic activity in Wistar Albino Glaxo Rijswijk rats. https://pcongress.hu/pdf/lakatos_68_110.pdf In Program Booklet of FENS Regional Meeting. Pécs, Hungary. 20-23. September 2017.
<http://fensfrm.hu/uploads/docs/1/fens2017booklet.pdf> 2016

2. **Renáta Lakatos**, Árpád Dobolyi, Katalin A. Kékesi, Gábor Juhász, Zsolt Kovács: Inosine, guanosine and uridine modulate the lipopolysaccharide-evoked changes in spike-wave discharge activity in Wistar Albino Glaxo/Rijswijk rats. IBRO Workshop. Budapest, Hungary. Hungarian Academy of Sciences. 21-22. January 2016.

http://www.ibro2016.hu/images/downloads/IBRO_poster_sessions.pdf 2015

3. Zsolt Kovács, Katalin A. Kékesi, Árpád Dobolyi, **Renáta Lakatos**, Gábor Juhász: Inosine, guanosine and uridine change the absence epileptic activity in Wistar Albino Glaxo/Rijswijk rats. XV. Biannual Conference of the Hungarian Neuroscience Society. Budapest, Hungary. Hungarian Academy of Sciences. 22-23. January 2015.

http://www.mitt2015.hu/files/4414/2132/1205/MITT2015_Abstract_Book_v_20150115.pdf

Lecture presentations

1. **Renáta Krisztina Lakatos**, Zsolt Kovács: The effect of guanosine on absence epileptic activity in WAG/Rij rats. 12th Regional Conference of Natural Sciences. Szombathely, Hungary. NYME-SEK TTMK, 25. January 2017.

2. **Renáta Krisztina Lakatos**, Zsolt Kovács: The effects of non-adenosine nucleosides on the lipopolysaccharide-induced absence epileptic activity in WAG/Rij rats. 11th Regional Conference of Natural Sciences. Szombathely, Hungary. NYME SEK TTMK. 27. January 2016.

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